



49th National Congress of the
Ophthalmological Society of South Africa

Preliminary Programme

Update 16 - 2018 10 17

20 – 24 March 2019

Cape Town International Convention Centre, South Africa

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PRE-CONGRESS PROGRAMME

WEDNESDAY, 20 MARCH 2019

8th Heidelberg User's Workshop

Room 1.4

Sponsored by Genop

Chair:

| | | |
|-------|----------------|-----|
| 13:00 | TBC | TBC |
| 14:00 | | |
| 16:30 | | |
| 17:00 | Adjourn | |

THURSDAY, 21 MARCH 2019

| | | |
|-------|---|-----------------|
| 07:00 | Registration (Till 17:00) | |
| | MEETINGS: | |
| 08:30 | College of Ophthalmology & HOD meetings | Room 1.53 |
| 09:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |
| 12:30 | Retina SA Scientific Advisory Board | Room 1.53 |

Pentacam & Refractive Workshop

Room 1.4

Sponsored by Genop

Chair:

| | | |
|-------|--------------------------------------|-----------------|
| 08:00 | TBC | TBC |
| 08:30 | | |
| 09:00 | | |
| 09:30 | | |
| 10:00 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

OPHTHALMOLOGY PROGRAMME

SESSION 1

Ballroom West

Chairs: Dr Chris Gouws & Prof Wayne Marais

| | | |
|-------|--|---|
| 10:30 | Official opening | Dr Matt Young OSSA President |
| 10:45 | Novel therapeutic approaches for glaucoma | Prof George Cioffi, Columbia University Medical Centre |
| 11:05 | Rationales for the decision to treat retinal diseases with anti-VEGFs / steroids | Prof Frank Koch, Goethe- Universität Frankfurt am Main |
| 11:25 | Improving outcomes in corneal transplantation | Prof Stephen Kaye, The Royal Liverpool University Hospital |
| 11:45 | Pediatric keratoplasty (PKP, DALK & DSEK) | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 12:05 | What's new in glaucoma? | Mr John Salmon, University of Oxford, England |
| 12:25 | Discussion | |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 2A

Ballroom West

OMG Business Session

Chair: Dr Mark Deist

| | | |
|-------|---|----------------------|
| 14:00 | Opening and challenges | Dr Mark Deist |
| 14:15 | Industry overview | Dr Johann Serfontein |
| 14:45 | Practice overview: The cost of doing business | Mr Casper Venter |
| 15:15 | Coding pearls | Dr Jan Talma |
| 16:00 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 2B

Room 1.4

College of Ophthalmology Symposium

Chairs:

| | | |
|-------|---|---------------------------|
| 14:00 | Tele-ophthalmology for the monitoring of choroidal and Iris Nevi | Dr Steven Lapere |
| 14:20 | Can optical coherence tomography imaging accurately predict the histological report of Ocular surface squamous neoplasia? | Dr Schabort de Jager |
| 14:35 | Does Femtosecond Laser Assisted Cataract Surgery (FLACS) cause less endothelial cell loss and corneal oedema than conventional cataract surgery with phacoemulsification? | Dr Erika Kleynhans |
| 14:50 | The optimal time for Optical Coherence Tomography (OCT)-guided laser treatment following a single Bevacizumab (Avastin) intravitreal injection in patients with macular oedema secondary to Diabetes Mellitus and/or retinal vein occlusion | Dr Bashir Laheu |
| 15:05 | Prevalence of recurrences of invasive squamous cell carcinoma of the conjunctiva at Universitas Academic Hospital in Bloemfontein (2012 – 2016) | Dr Samkelo Mbelwa |
| 15:20 | Visual outcomes in manual small incision cataract surgery versus phacoemulsification: A prospective comparative data analysis | Dr Sanushka Moodley |
| 15:35 | Outreach cataract surgery services: How good are their outcomes? | Dr Norman Nieder-Heitmann |
| 15:50 | Duane's retraction syndrome in a cohort of South African children: A 20-year clinic-based review | Dr Annalien Steyn |
| 16:05 | The common causes of uveitis in different age groups in Universitas Academic Hospital in Bloemfontein (2012 – 2016) | Dr Anele Yako |
| 16:20 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 3A

Ballroom West

OMG Business Session

Chair: Dr Mark Deist

| | | |
|-------|--|----------------------------------|
| 16:30 | Global fee due diligence | Dr Matt Young |
| 17:15 | Healthbridge / Mediswitch data project | Mr JG Cowper Mr Paul Saunders |
| 18:00 | ADJOURN | |
| 18:00 | MEET & GREET | Exhibition Hall |

SESSION 3B**Room 1.4****College of Ophthalmology Symposium****Chairs:**

| | | |
|-------|---|--|
| 16:40 | Update of research achievements by academic departments | |
| 18:00 | ADJOURN | |

| | | |
|-------|-------------------------|-----------------|
| 18:00 | MEET & GREET | Exhibition Hall |
|-------|-------------------------|-----------------|

FRIDAY, 22 MARCH 2019

07:00 Registration

SESSION 4A**Room 2.4****Chairs:**

| | | |
|-------|--|--|
| 08:00 | Retinal detachment in PVR: Destiny or beat the enemy? | Prof Frank Koch, Goethe-Universität Frankfurt am Main |
| 08:20 | Monocular glaucoma: Differential diagnosis and why it is important | Prof George Cioffi, Columbia University Medical Centre |
| 08:40 | Keyfacts of the supremacy of subtenon's for IOL and several indications | Dr Dagobert Lerch |
| 08:50 | Outcomes of three different phakic IOLs | Prof Mike Holzer |
| 09:00 | Comparison of two screening algorithms for keratoconus | Dr Lourens Coetzee |
| 09:10 | "Screen for life": The South African diabetic retinopathy screening program | Dr Steve Cook |
| 09:30 | One year experience with a new preloaded injector system and hydrophobic aspheric IOL material | Prof Mike Holzer |
| 09:40 | A review of the Clinical results with Panoptix multifocal IOL | Dr Frikkie Hartog |
| 09:50 | Contoura Vision-Shaping visual outcomes | Dr Dylan Joseph |
| 10:00 | New techniques in the 21 st century of assessment and treatment of dry eye | Prof Claes Feinbaum |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 4B**Room 1.4****South African Society of Pediatric Ophthalmology and Strabismus (SASPOS) & World Society of Pediatric Ophthalmology and Strabismus (WSPOS)****Chair:** Dr Nicola Freeman & Dr Mark Jacoby

| | | |
|-------|---|---|
| 08:00 | Welcome & Introduction | Nicola Freeman SASPOS Chair |
| 08:10 | Two incision push pull capsulorhexis for pediatric cataract surgery | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 09:00 | Exotropic Duane's and pseudo glaucomatous discs | Dr Mark Jacoby, Port Elizabeth |
| 09:10 | Tuberculosis Manifested as Parinaud's Oculoglandular Syndrome | Dr Ngaatendwe Mataswa Gumbeze, Harare Zimbabwe |
| 09:20 | Fibrous in-growth and scarring | Dr Helge Abrahamse Pillay, Tygerberg Academic Hospital |
| 09:30 | Pediatric traumatic cataract surgery: The banded technique | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 5A**Ballroom West****Chairs:**

| | | |
|-------|--|--|
| 11:00 | Investigation and management of bacterial keratitis | Prof Stephen Kaye, The Royal Liverpool University Hospital |
| 11:20 | Teaching ophthalmic surgery | Prof George Cioffi, Columbia University Medical Centre |
| 11:40 | How to limit trauma to the eye when performing a PPV | Prof Frank Koch, Goethe-Universität Frankfurt am Main |
| 12:00 | Pattern of post cataract surgery endophthalmitis prophylaxis among South African Ophthalmologists over a 5-year interval | Dr Malcolm Carey |
| 12:10 | What you should know about the <i>South African Ophthalmology Journal</i> | Prof Nagib du Toit |
| 12:20 | The ophthalmology post graduate training program in South Africa: A Registrar's perspective | Dr Nonhlanhla Majola |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 5B

Room 1.4

SASPOS & WSPOS

Chairs: Dr Chris Tinley & Dr Julia Janse van Rensburg

| | | |
|-------|---|---|
| 11:00 | Congenital corneal opacity: A paradigm shift | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 12:00 | A case of infantile glaucoma and congenital corneal opacification | Dr Nicola Freeman, Red Cross Hospital |
| 12:10 | Keratoprosthesis in a Namibian child with bilateral corneal opacities | Dr Julia Janse van Rensburg, Namibia |
| 12:20 | Discussion | |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

Workshop 1

Ballroom West

Sponsored by Allergan

Management of DME patients

Chair:

| | | |
|-------|----------------|-----|
| 13:15 | TBC | TBC |
| 13:30 | | |
| 13:45 | | |
| 14:05 | ADJOURN | |

Workshop 2

Room 1.4

Sponsored by ZEISS

ZEISS Integrated Diagnostic Imaging featuring CIRRUS OCT and CLARUS ultra-widefield imaging

| | | |
|-------|--|------------------|
| 13:15 | CIRRUS OCT | Mr Peter Roelofs |
| 13:30 | CLARUS ultra-widefield fundus imaging | |
| 13:45 | FORUM workplaces and ZEISS Integrated Diagnostic Imaging, solving challenges in multi-modality cases | |
| 14:05 | ADJOURN | |

SESSION 6A

Ballroom West

Chairs:

| | | |
|-------|--|-----------------------|
| 14:15 | Inferior limbic keratoconjunctivitis in hashimoto's thyroiditis patients: Management and relation to hypothyroidism and autoantibodies | Dr Eiman Abd El Latif |
| 14:25 | Analgetic subtenon's (ASTB) for bilateral operation too. Painfree condition, no squeezing and absence of diplopia | Dr Dagobert Lerch |
| 14:35 | Distinguishing Central Serous Chorioretinopathy (CSR) and Neovascular Age Related Macular Degeneration (AMD) Using Enhanced Depth Imaging on OCT | Dr Steven Lapere |
| 14:45 | Alcohol cotton bud technique for removal of corneal epithelium at the slit lamp in corneal collagen cross-linking | Dr Shaheer Ballim |
| 14:55 | Treatment of Presbyopia in the post lasik patients | Dr Johann Krüger |
| 15:05 | RayOne trifocal IOL | Dr Johan de Lange |
| 15:15 | Simultaneous bilateral cataract surgery: A possible solution for public sector cataract backlogs | Dr Farah Moti |
| 15:25 | Zepto capsulotomy | Dr Emil Goosen |
| 15:35 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 6B

Room 1.4

SASPOS & WSPOS

Chairs: Dr Claire Cullen, Dr Chris Tinley & Dr Nicola Freeman

| | | |
|-------|--|-----------------------------------|
| 14:15 | National data base project for pediatric pathologies | Dr Claire Cullen & Dr Hyla Kluyts |
| 14:45 | SASPOS AGM | |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

| | | |
|-------|----------|----------|
| 16:30 | OSSA AGM | Room 1.4 |
| 17:30 | OMG AGM | Room 1.4 |

| | | |
|-------|----------------------------------|----------|
| 18:30 | YOUNG OPHTHALMOLOGISTS SYMPOSIUM | Room 2.6 |
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SATURDAY, 23 MARCH 2019

SESSION 7A

Ballroom West

Chairs:

| | | |
|-------|---|---|
| 08:00 | Investigation and management of herpes simplex keratitis | Prof Stephen Kaye, The Royal Liverpool University Hospital |
| 08:20 | The challenges of authoring the new edition of <i>Kanski's Clinical Ophthalmology</i> | Mr John Salmon, University of Oxford, England |
| 08:40 | Outcomes following cataract surgery | Prof Stephen Kaye, The Royal Liverpool University Hospital |
| 09:00 | Descemet Membrane Endothelial Keratoplasty (DMEK) surgery in Africa | Dr Leonard Heydenrych |
| 09:10 | A review of deep learning and it's applications in ophthalmology | Dr Hester Kruger |
| 09:20 | Pediatric traumatic cataract surgery: The banded technique | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 09:40 | A 10-year uveitis experience in a developing African country | Dr Eiman Abd El Latif |
| 09:50 | Comparative results one year after bilateral implantation of an extended range of vision and a trifocal intraocular lens Presentation sponsored by Johnson & Johnson Vision | Dr Francesco Carones, Carones Vision, Milan, Italy |
| 10:10 | Discussion | |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 7B

Room 1.4

Presbyopia

Chairs:

| | | |
|-------|---|------------------------|
| 08:00 | Theory of multifocal IOL's | Dr Johan de Lange |
| 08:10 | Presbylasik | Prof Klaus Ditzen |
| 08:20 | Pharmacological correction of Presbyopia, where are we today? | Prof Claes Feinbaum |
| 08:30 | Refractive outcomes following implantation of a premium IOL with and without a tension ring | Dr Johann Krüger |
| 08:40 | Amplitude of accommodation is reduced in pre-presbyopic diabetic patients | Dr Priscilla Makunyane |
| 08:50 | Extended depth of focus IOL in patients with previous laser vision correction | Dr Jan Venter |
| 09:00 | Presbyopic corneal inlays controversies & considerations | Dr Mark Wevill |
| 09:10 | Dramatic variations between keratometric values as measured with different instruments | Dr Johan de Lange |

| | | |
|-------|---|---------------------|
| 09:20 | High hyperopia, challenge and limits | Prof Klaus Ditzen |
| 09:30 | Progressive myopia and retinal defocus: The need to be adressed urgently | Prof Claes Feinbaum |
| 09:40 | Multifocal add-on IOL in pseudo phakic patients | Dr Johann Krüger |
| 09:50 | Clinical and patient reported outcomes of a low near add diffractive multifocal IOL | Dr Jan Venter |
| 10:00 | Discussion | |
| 10:20 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 8

Ballroom East & West

DJ Wood Lecture

Chair: Dr Matt Young

| | | |
|-------|---|----------------------------------|
| 11:00 | Introduction of the DJ Wood Lecturer | Dr Matt Young, OSSA President |
| 11:05 | DJ Wood Lecture | Dr Frik Potgieter |
| 12:00 | LUNCH, EXHIBITION & POSTER SESSION | Exhibition Hall |

Workshop 3

Ballroom West

Sponsored by Alcon

Wavelight Refractive Workshop

Chair:

| | | |
|-------|----------------|-----|
| 12:45 | TBC | TBC |
| 13:00 | | |
| 13:15 | | |
| 13:30 | | |
| 13:35 | Adjourn | |

Workshop 4

Room 1.4

Sponsored by Johnson & Johnson Vision

Theme of workshop TBC

Chair:

| | | |
|-------|---|---|
| 12:45 | Welcome | |
| 13:00 | The role of patient education and counseling in the success of Presbyopia-Correcting IOL implantation | Dr Francesco Carones, Carones Vision, Milan, Italy |
| 13:25 | Discussion | |
| 13:35 | Adjourn | |

SESSION 9A

Ballroom West

Vitreo-retinal

Chairs:

| | | |
|-------|---|---|
| 13:50 | Eyesi®: What is the state of the art for virtual reality training in 2019: 15 years after introduction into training concepts worldwide | Prof Frank Koch, Goethe-Universität Frankfurt am Main |
| 14:10 | Retinectomy in the management of retinal detachment | Dr Bernard Wolff |
| 14:30 | Choroidal nevi: Risk factors and the rate of malignant transformation | Dr Steven Lapere |
| 14:50 | Floaterectomy: Almost a paradigm shift! | Prof Frank Koch, Goethe-Universität Frankfurt am Main |
| 15:10 | Risk factors for retinal re-detachment after silicone oil removal following rhegmatogenous retinal detachment repair | Dr Steven Lapere |
| 15:20 | The treatment of uveal melanoma and ocular tumours with ruthenium-106 plaques: A first for South Africa | Dr Lara Sandri |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 9B

Room 1.4

Chairs:

| | | |
|-------|--|---|
| 13:50 | The seven tricky patients requiring glaucoma surgery | Mr John Salmon, University of Oxford, England |
| 14:10 | Glaucoma population management | Prof George Cioffi, Columbia University Medical Centre |
| 14:30 | How to avoid litigation in glaucoma | Mr John Salmon, University of Oxford, England |
| 14:50 | Congenital corneal opacity: A paradigm shift | Prof Ken Nischal, The University of Pittsburgh School of Medicine |
| 15:10 | PCR-based assays of vitreous specimen in patients with uveitis: Charlotte Maxeke Johannesburg Academic Hospital experience | Dr Aubrey Makgotloe |
| 15:20 | Retinopathy of prematurity screening at Charlotte Maxeke Johannesburg Academic Hospital | Dr Teboho Seobi |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

| | | |
|-------|---|----------|
| 16:00 | Wits Alumni Meeting | Room 2.6 |
| 16:00 | Bloemfontein Alumni Meeting | Room 1.4 |
| 16:00 | Pretoria Alumni Meeting | Room 1.6 |
| 16:00 | University of Kwa-Zulu Natal Alumni Meeting | Room 2.4 |
| 17:00 | MEETINGS ADJOURN | |
| 19:00 | OSSA BANQUET | Ballroom |

SUNDAY, 24 MARCH 2019

SESSION 10 (ETHICS)

Ballroom West

Medicolegal challenges

Chairs: Dr Chris Gouws & Dr Matt Young

| | | |
|-------|--|--|
| 08:30 | What happens to you when you get that dreaded letter from the lawyers? | Dr Ian Westmore |
| 09:00 | A doctor's experience of complications from a spiritual perspective | Dr Marius Swart |
| 09:30 | How to stay out of medicolegal trouble, and what to do if you were not able to | Dr Tony Behrman, Medical Protection Society |
| 10:00 | Mediation: A superior alternative to litigation in medicolegal matters | Adv Alan Nelson |
| 10:30 | Panel discussion | |
| 11:00 | CONGRESS CLOSURE | Dr Linda Visser, OSSA President |

11:15 REFRESHMENTS

11:30 Shuttle departs to airport

POSTER PRESENTATIONS

| | | |
|---|---|-----------------------|
| 1 | South African Eye Study(SAES): Ethnic differences in central corneal thickness in glaucomatous and non-glaucomatous eyes | Dr Sandika Baboolal |
| 2 | Fluorescein angiogram and optical coherence tomography angiogram findings in a patient with a branch retinal vein occlusion | Dr Aamina Hajee |
| 3 | The influence of donor and recipient gender incompatibility on corneal transplant rejection and failure | Dr Rebecca Kaye |
| 4 | The role of HIV in the pathogenesis of adult-onset vernal keratoconjunctivitis: A demographic and epidemiological study | Dr Anine Kritzinger |
| 5 | Comparative analysis of the screening efficacy of a non-medical grader utilizing the Glaucoma Score versus automated grading of fundus photographs to detect glaucomatous eyes. | Ms Claire le Roux |
| 6 | An affordable alternative to minimally invasive glaucoma surgery: A case series of gonioscopy assisted transluminal trabeculotomy performed at Good Shepherd Eye Clinic | Dr Lindy Trollip |
| 7 | Co-screening for glaucoma and diabetic retinopathy utilizing fundus photography and glaucoma score | Mr Nicholas Wiltshire |
| 8 | A rare case of Lutz Posterior Internuclear Ophthalmoplegia | Dr Nozipho Xulu |

POSTER PRESENTATIONS: Registrars

| | | |
|---|--|-----------------------|
| 1 | SINS: A rare complication following routine Pterygium surgery | Dr Afroze Ahmed |
| 2 | A case of bilateral optic nerve sheath meningiomas in a young patient with neurofibromatosis type II | Dr Monique Camacho |
| 3 | Arrested primary congenital glaucoma in an adult | Dr Nerissa Govender |
| 4 | Crying blood: A rare case of haemolacria | Dr Serisha Jay Narain |
| 5 | Corneal perforation due to Acinetobacter baumannii infection: Case report | Dr Bashir Laheu |
| 6 | A case of TB choroidal granuloma: A nebulous diagnosis | Dr Stephanus Lindeque |
| 7 | A case report of a child presenting with cat-scratch disease | Dr Thilendran Nadasan |

OPHTHALMIC ADMINISTRATORS PROGRAMME

THURSDAY, 21 MARCH 2019

14:00 - 18:00 Registration

18:00 MEET & GREET

Exhibition hall

FRIDAY, 22 MARCH 2019

SESSION 1

Ballroom West

Welcome, motivational speaker & industry overview

Chair: Dr Chris Gouws

| | | |
|-------|--|--|
| 08:00 | Welcome & Opening | Dr Matt Young, President: OSSA |
| 08:15 | No more limits: From extrinsic to intrinsic mindset In every workspace employees experience challenges; like pressure to meet deadlines, limited resources, uncomfortable working conditions, etc. They also have personal challenges like financial difficulties, health issues, relationship struggles, etc. Many times, employees have an extrinsic mindset whereby they expect management, government, co-workers, the company, friends and family to understand, support and even come up with solutions. Unfortunately, this is not always the case and they end up disappointed, frustrated, confused, bitter, depressed, suicidal, etc. The aim of the talk is to help employees understand that if their conditions are not changing for the better, they can change their mindset for the better about their conditions. This can be achieved when they embrace an intrinsic mindset. A mindset which empowers individuals to see opposition as opportunity and to find solutions from within, amidst the external difficulties. | Motivational speaker: Dr Nthabeleng Rammile, University of the Free State |
| 09:15 | Industry overview | Dr Johann Serfontein |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 2

Room 1.63 & 1.64

Your practice, the industry & regulations

Chair: Mr Casper Venter

| | | |
|-------|--|------------------|
| 11:00 | Profiling | Mr Barry Childs |
| 11:30 | An update on legislation that aims to fundamentally change health care in South Africa | Ms Elsabé Klinck |
| 12:00 | Putting the power of big data in the hands of the surgeons | Mr JG Cowper |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 3

Room 1.63 & 1.64

Coding Workshop

Chair: Dr Johann Serfontein

| | | |
|-------|--------------------------------------|-----------------|
| 14:00 | Coding presentation 1 | Dr Jan Talma |
| 14:45 | Coding presentation 2 | Ms Brenda Gous |
| 15:10 | Panel discussion | |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SATURDAY, 23 MARCH 2019

SESSION 4

Room 1.63 & 1.64

Practice operations

Chair: Dr Oene Los

| | | |
|-------|---|--|
| 08:00 | Introduction | Dr Oene Los |
| 08:15 | Cataract registry update | Dr Johann Serfontein |
| 09:00 | Private healthcare trends in ophthalmology claims | Dr Belinda Richards |
| 09:45 | Thriving in a NHI environment: Why managerial competency will determine your future | Dr Gustaaf Wolvaardt or Mr Pie-Pacifique Kabalira-Uwase TBC |
| 10:15 | REFRESHMENTS & EXHIBITION | |

SESSION 5

Ballroom East & West

DJ Wood Lecture

Chair: Dr Matt Young

| | | |
|-------|---|----------------------------------|
| 11:00 | Introduction of the DJ Wood Lecturer | Dr Matt Young, OSSA President |
| 11:05 | DJ Wood Lecture | Dr Frik Potgieter |
| 12:00 | LUNCH, EXHIBITION & POSTER SESSION | Exhibition Hall |

SESSION 6

Room 1.63 & 1.64

Chair: Ms Mardi Roos

| | | |
|-------|---|----------------------|
| 13:30 | Can digital patient education be used as a strategic advantage? | Dr Yolandie Coetzee |
| 13:55 | Optimizing patient experience in an ophthalmology practice: How do you start? | Ms Monica Lyons |
| 14:15 | OMG update & feedback | Dr Johann Serfontein |
| 14:45 | Feedback & suggestions | Dr Oene Los |
| 15:00 | Closing | Dr Mark Deist |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |
| 19:00 | OSSA BANQUET | Ballroom |

OPTOMETRY PROGRAMME

THURSDAY, 21 MARCH 2019

14:00 - 18:00 Registration

18:00 MEET & GREET

Exhibition hall

FRIDAY, 22 MARCH 2019

SESSION 1

Ballroom West

Welcome, motivational speaker & industry overview

Chair: Dr Chris Gouws

| | | |
|-------|---|---|
| 08:00 | Welcome & Opening | Dr Matt Young, President: OSSA |
| 08:15 | <p>No more limits: From extrinsic to intrinsic mindset</p> <p>In every workspace employees experience challenges; like pressure to meet deadlines, limited resources, uncomfortable working conditions, etc. They also have personal challenges like financial difficulties, health issues, relationship struggles, etc. Many times, employees have an extrinsic mindset whereby they expect management, government, co-workers, the company, friends and family to understand, support and even come up with solutions. Unfortunately, this is not always the case and they end up disappointed, frustrated, confused, bitter, depressed, suicidal, etc. The aim of the talk is to help employees understand that if their conditions are not changing for the better, they can change their mindset for the better about their conditions. This can be achieved when they embrace an intrinsic mindset. A mindset which empowers individuals to see opposition as opportunity and to find solutions from within, amidst the external difficulties.</p> | <p>Motivational speaker: Dr Nthabeleng Rammile, University of the Free State</p> |
| 09:15 | Industry overview | Dr Johann Serfontein |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 2

Room 1.61 & 1.62

Chair: Dr Niel van Wyk

| | | |
|-------|--|---------------------|
| 11:00 | Step by step evaluation for refractive surgery | Ms Jani Bekker |
| 11:30 | Modern trends in refractive surgery | Dr Niel van Wyk |
| 12:00 | Herpes keratitis | Dr Meldrick Booysen |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 3

Room 1.61 & 1.62

Chair: Dr Johan Eloff

| | | |
|-------|--|-----------------------|
| 13:30 | Ethical aspects in optometry | Ms Elsabé Klinck |
| 14:00 | Cataract surgery in Africa | Dr Jonathan Pons |
| 14:30 | Case presentation: Foster Kennedy Syndrome | Dr Hester Kruger |
| 15:00 | The glaucoma prediction score | Mr Nicholas Wiltshire |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SATURDAY, 23 MARCH 2019

SESSION 4

Room 1.61 & 1.62

Chair: Dr Meldrick Booysen

| | | |
|-------|---|-------------------------|
| 08:00 | Herpes Keratitis | Dr Meldrick Booysen |
| 08:45 | Virtual reality simulation training transference to clinical practice | Prof Mathys Labuschagne |
| 09:15 | Imaging: Questions and answers | Mr Graham Carter |
| 09:45 | Panel discussion | |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 5

Ballroom East & West

DJ Wood Lecture

Chair: Dr Matt Young

| | | |
|-------|---|----------------------------------|
| 11:00 | Introduction of the DJ Wood Lecturer | Dr Matt Young, OSSA President |
| 11:05 | DJ Wood Lecture | Dr Frik Potgieter |
| 12:00 | LUNCH, EXHIBITION & POSTER SESSION | Exhibition Hall |

SESSION 6

Room 1.61 & 1.62

Chair: Dr Jaco Maartens

| | | |
|-------|--|--|
| 13:30 | Diabetic retinopathy | Dr Jaco Maartens |
| 14:00 | Screen for vision - Screen for life: A team approach | Ms Claudette Medefindt |
| 14:30 | Snakebite and the eye | Dr Jonathan Pons |
| 15:00 | ZEISS product information | Ms Deborah Ndlovu, ZEISS representative |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |
| 19:00 | OSSA BANQUET | Ballroom |

SUNDAY, 24 MARCH 2019

SESSION 10 (ETHICS)

Ballroom West

Medicolegal challenges

Chairs: Dr Chris Gouws & Dr Matt Young

| | | |
|-------|--|--|
| 08:30 | What happens to you when you get that dreaded letter from the lawyers? | Dr Ian Westmore |
| 09:00 | A doctor's experience of complications from a spiritual perspective | Dr Marius Swart |
| 09:30 | How to stay out of medicolegal trouble, and what to do if you were not able to | Dr Tony Behrman, Medical Protection Society |
| 10:00 | Mediation: A superior alternative to litigation in medicolegal matters | Adv Alan Nelson |
| 10:30 | Panel discussion | |
| 11:00 | CONGRESS CLOSURE | Dr Linda Visser, OSSA President |

11:15 REFRESHMENTS

11:30 Shuttle departs to airport

OPHTHALMIC ASSISTANTS PROGRAMME

THURSDAY, 21 MARCH 2019

14:00 - 18:00 Registration

18:00 MEET & GREET

Exhibition hall

FRIDAY, 22 MARCH 2019

SESSION 1

Ballroom West

Welcome, motivational speaker & industry overview

Chair: Dr Chris Gouws

| | | |
|-------|--|--|
| 08:00 | Welcome & Opening | Dr Matt Young, President: OSSA |
| 08:15 | No more limits: From extrinsic to intrinsic mindset In every workspace employees experience challenges; like pressure to meet deadlines, limited resources, uncomfortable working conditions, etc. They also have personal challenges like financial difficulties, health issues, relationship struggles, etc. Many times, employees have an extrinsic mindset whereby they expect management, government, co-workers, the company, friends and family to understand, support and even come up with solutions. Unfortunately, this is not always the case and they end up disappointed, frustrated, confused, bitter, depressed, suicidal, etc. The aim of the talk is to help employees understand that if their conditions are not changing for the better, they can change their mindset for the better about their conditions. This can be achieved when they embrace an intrinsic mindset. A mindset which empowers individuals to see opposition as opportunity and to find solutions from within, amidst the external difficulties. | Motivational speaker: Dr Nthabeleng Rammile, University of the Free State |
| 09:15 | Industry overview | Dr Johann Serfontein |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 2

Room 2.6

Chair: Dr Japie Vos

| | | |
|-------|--|---------------------|
| 11:00 | Glaucoma: Anatomy and pathology | Mr Graham Carter |
| 11:20 | Glaucoma screening, testing and imaging: Involving patients in their examination | Ms Liana le Roux |
| 11:40 | Measurement of the anterior chamber | Dr Japie Vos |
| 12:00 | Interpretation of visual fields | Dr Cobus du Plessis |
| 12:20 | Discussion | |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 3

Room 2.6

Chair: Dr Michael Carter

| | | |
|-------|--|---------------------------|
| 13:30 | Strabismus evaluation | Dr Karen Conradie |
| 13:50 | Glues and tattoos | Dr Retha Swart |
| 14:10 | Diabetic retinopathy | Dr Steve Cook |
| 14:30 | Ptosis evaluation and treatment | Dr Lynette Venter |
| 14:50 | Basic life support | Dr Catherine van Deventer |
| 15:10 | Diabetic retinopathy: Scans, tests and photography – does insight into the disease and tests improve quality of imaging? | Ms Debbie Swarts |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SATURDAY, 23 MARCH 2019

07:00 Registration

SESSION 4

Room 2.6

Chair: Dr Jonathan Pons

| | | |
|-------|--|-----------------------------------|
| 08:00 | Accurate IOL measurements and sonography | Ms Louise Wantenaar |
| 08:20 | Operating in Africa | Dr Johan Eloff & Dr Jonathan Pons |
| 08:40 | Myopia, hyperopia, aberrations, nodal points and other refractive physiology | Dr Mathys Labuschagne |
| 09:00 | Ethics | Dr Chris Gouws |
| 09:20 | Screen for vision - Screen for life: A team approach | Ms Claudette Medefindt |
| 09:35 | Optimizing patient experience in an ophthalmology practice: How do you start? | Ms Monica Lyons |
| 09:50 | The importance of understanding theatre practice as an ophthalmic assistant | Ms Mapitso Twaala |
| 10:05 | Comparative analysis of the screening efficacy of a non-medical grader utilizing the glaucoma score versus automated grading of fundus photographs to detect glaucomatous eyes | Ms Claire le Roux |
| 10:20 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 5

Ballroom East & West

DJ Wood Lecture

Chair: Dr Matt Young

| | | |
|-------|---|-------------------------------|
| 11:00 | Introduction of the DJ Wood Lecturer | Dr Matt Young, OSSA President |
| 11:05 | DJ Wood Lecture | Dr Frik Potgieter |
| 12:00 | LUNCH, EXHIBITION & POSTER SESSION | Exhibition Hall |

SESSION 6

Room 2.6

Chair: Dr Cobus du Plessis

| | | |
|-------|--|---------------------------------|
| 13:30 | <p>Workshop: Taking a look at marketing and communication in ophthalmology</p> <p>This workshop explores how ophthalmic assistants contribute to how the ophthalmologist and the ophthalmology practice connect, relate and build relationships with patients. It focuses specifically on what the ophthalmic assistant can do to ensure that the patient remains the focus point.</p> <p>The workshop is built on four elements:</p> <ul style="list-style-type: none">• the personal brand the assistant projects,• the impact of the assistant on the team in terms of communication and marketing,• marketing ideas applicable to the ophthalmic context,• and the value of differentiating between different stakeholders for better effectiveness in terms of the encoding of communication messages. <p>With regard to content, ophthalmic assistants are guided to understand and implement basic communication and stakeholder management principles in a professional environment. Ophthalmic assistants will also be empowered to apply useful communication principles in a health care setting such as an ophthalmology practice. The presentation style is interactive with group work that allows for feedback and peer-to-peer interaction.</p> | Mr GP van Rheede van Oudtshoorn |
| 15:00 | Discussion | |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |
| 19:00 | OSSA BANQUET | Ballroom |

OPHTHALMIC NURSES PROGRAMME

THURSDAY, 21 MARCH 2019

14:00 - 18:00 Registration

18:00 MEET & GREET

Exhibition hall

FRIDAY, 22 MARCH 2019

SESSION 1

Ballroom West

Welcome, motivational speaker & industry overview

Chair: Dr Chris Gouws

| | | |
|-------|--|--|
| 08:00 | Welcome & Opening | Dr Matt Young, President: OSSA |
| 08:15 | No more limits: From extrinsic to intrinsic mindset In every workspace employees experience challenges; like pressure to meet deadlines, limited resources, uncomfortable working conditions, etc. They also have personal challenges like financial difficulties, health issues, relationship struggles, etc. Many times, employees have an extrinsic mindset whereby they expect management, government, co-workers, the company, friends and family to understand, support and even come up with solutions. Unfortunately, this is not always the case and they end up disappointed, frustrated, confused, bitter, depressed, suicidal, etc. The aim of the talk is to help employees understand that if their conditions are not changing for the better, they can change their mindset for the better about their conditions. This can be achieved when they embrace an intrinsic mindset. A mindset which empowers individuals to see opposition as opportunity and to find solutions from within, amidst the external difficulties. | Motivational speaker: Dr Nthabeleng Rammile, University of the Free State |
| 09:15 | Industry overview | Dr Johann Serfontein |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 2

Room 2.4

Chair: Prof Mathys Labuschagne

| | | |
|-------|--|-------------------------|
| 11:00 | Changing the focus, why do we see what we see? | Prof Mathys Labuschagne |
| 11:20 | Basic approach to contact lenses | Mrs Dina Bornman |
| 11:50 | Amblyopia | Dr Karen Conradie |
| 12:10 | Using technology to teach ophthalmology | Ms Suveena Singh |
| 12:30 | LUNCH & EXHIBITION | Exhibition Hall |

SESSION 3

Room 2.4

Chair: Dr Gerhard Kok

| | | |
|-------|--|---------------------|
| 13:30 | A practical approach to the anatomy of the eye | Mr Graham Carter |
| 13:50 | Alzheimer | Dr Cobus du Plessis |

| | | |
|-------|---|------------------|
| 14:30 | The effect of glaucoma on the anatomy of the eye | Mr Graham Carter |
| 14:50 | Diabetic retinopathy revisited: Overview and update on current management | Dr Gerhard Kok |
| 15:10 | Retinal detachment: A brief overview | Dr Gerhard Kok |
| 15:30 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SATURDAY, 23 MARCH 2019

07:00 Registration

SESSION 4

Room 2.4

Chair: Dr Lynette Venter

| | | |
|-------|--|------------------------|
| 08:00 | Screen for vision - Screen for life: A team approach | Ms Claudette Medefindt |
| 08:20 | Childhood blindness: School screening programme | Ms Angelina Khupe |
| 08:40 | Process and management of a strabismus patient | Dr Karen Conradie |
| 08:55 | Ptosis evaluation and treatment | Dr Lynette Venter |
| 09:15 | Stem cell transplant | Dr Cobus du Plessis |
| 09:55 | Operating in Africa | Dr Jonathan Pons |
| 10:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |

SESSION 5

Ballroom East & West

DJ Wood Lecture

Chair: Dr Matt Young

| | | |
|-------|---|----------------------------------|
| 11:00 | Introduction of the DJ Wood Lecturer | Dr Matt Young, OSSA President |
| 11:05 | DJ Wood Lecture | Dr Frik Potgieter |
| 12:00 | LUNCH, EXHIBITION & POSTER SESSION | Exhibition Hall |

SESSION 6

Room 2.4

Chair: Dr Cobus du Plessis

| | | |
|-------|--------------------------------------|---------------------|
| 13:30 | Thyroid eye disease | Dr Cobus du Plessis |
| 14:10 | Low vision Aids | Mrs Dina Bornman |
| 14:40 | Interpretation of visual fields | Dr Cobus du Plessis |
| 15:00 | Feedback & suggestions | Dr Cobus du Plessis |
| 15:10 | Closing | |
| 15:15 | REFRESHMENTS & EXHIBITION | Exhibition Hall |
| 19:00 | OSSA BANQUET | Ballroom |