

49th National Congress of the
Ophthalmological Society of South Africa

O.S.S.A
congress
Cape Town 2019

20 – 24 March 2019

Cape Town International Convention Centre
South Africa

Final Invitation & Registration

INTERNATIONAL COUNCIL of OPHTHALMOLOGY

WOC 2020

WORLD OPHTHALMOLOGY CONGRESS

O.S.S.A
OPHTHALMOLOGICAL
SOCIETY OF SOUTH AFRICA



Preliminary programme at a glance

Wednesday, 20 March

13:00 – 17:00: 8th Heidelberg Users' Workshop (Room 1.4)

	Thursday, 21 March	Friday, 22 March	Saturday, 23 March	Sunday, 24 March
Morning	07:00 – 17:00 Registration 08:00 – 10:00 Pentacam & Refractive Workshop (Room 1.4) 08:30 – 10:00 College of Ophthalmology & HOD meetings (Room 1.53)	07:00 Registration 08:00 Ophthalmology 4A (Room 1.4) 08:00 Ophthalmology 4B (SASPOS / WSPOS-Africa) (Room 2.4) 08:00 Welcome & opening (Ballroom West) (Motivational speaker & industry overview) Administrators Optometry Ophthalmic assistants Ophthalmic nurses	07:00 Registration 08:00 Ophthalmology 7A (Ballroom West) 08:00 Ophthalmology 7B (Room 1.4) 08:00 Ophthalmic administrators 4 (Room 1.63 & 1.64) 08:00 Optometry 4 (Room 1.61 & 1.62) 08:00 Ophthalmic assistants 4 (Room 2.6) 08:00 Ophthalmic nurses 4 (Room 2.4)	08:30 Ophthalmology 10 Optometry 7 Ethics (Ballroom West) 11:00 Congress closure 11:15 Adjourn
	09:30 Refreshments & Exhibition	10:15 Refreshments & Exhibition	10:15 Refreshments & Exhibition	11:15 Refreshments
	10:30 Official opening (Ballroom West) 10:45 Ophthalmology 1 (Ballroom West) 12:30 Retina SA Scientific Advisory Board (Room 1.53)	11:00 Ophthalmology 5A (Ballroom) 11:00 Ophthalmology 5B (SASPOS / WSPOS-Africa) (Room 1.4) 11:00 Administrators 2 (Room 1.63 & 1.64) 11:00 Optometry 2 (Room 1.61 & 1.62) 11:00 Ophthalmic assistants 2 (Room 2.6) 11:00 Ophthalmic nurses 2 (Room 2.4)	11:00 DJ Wood Lecture (Ballroom East & West)	11:30 Shuttles depart to airport
	12:30 Lunch, Exhibition & Registrar Poster Session	12:30 Lunch & Exhibition	12:00 Lunch, Exhibition & Poster Session (Exhibition Hall)	
	14:00 OMG Business Session 2A (Ballroom) 14:00 Ophthalmology 2B (College of Ophthalmology Symposium) (Room 1.4)	13:15 – 14:05 Allergan Workshop (Ballroom West) 13:15 – 14:05 Carl Zeiss Workshop (Room 1.4) 14:15 Ophthalmology 6A (Ballroom West) 14:15 Ophthalmology 6B (SASPOS / WSPOS-Africa) (Room 1.4) 13:30 Administrators 3 (Room 1.63 & 1.64) 13:30 Optometry 3 (Room 1.61 & 1.62) 13:30 Ophthalmic assistants 3 (Room 2.6) 13:30 Ophthalmic nurses 3 (Room 2.4) 15:20 SASPOS AGM (Room 1.4)	12:45 – 13:35 Alcon Workshop (Ballroom West) 12:45 – 13:35 Workshop (Room 1.4) 13:50 Ophthalmology 9A (Ballroom West) 13:50 Ophthalmology 9B (Room 1.4) 13:30 Ophthalmic administrators 6 (Room 1.63 & 1.64) 13:30 Optometry 6 (Room 1.61 & 1.62) 13:30 Ophthalmic assistants 6 (Room 2.6) 13:30 Ophthalmic nurses 6 (Room 2.4)	
	16:00 Refreshments & Exhibition	15:30 Refreshments & Exhibition	15:30 Refreshments & Exhibition	
	16:30 OMG Business Session 3A (Ballroom) 16:30 Ophthalmology 3B (College of Ophthalmology Symposium) (Room 1.4) 18:00 Adjourn	16:30 OSSA AGM (Room 1.4) 17:30 OMG AGM (Room 1.4)	16:00 Alumni Meetings : Wits (Room 2.6) Bloemfontein (Room 1.4) Pretoria (Room 1.6) University of KwaZulu Natal (Room 2.4) 18:15 Adjourn	
Evening	18:00 Meet & Greet (Exhibition Hall)	18:30 Young Ophthalmologists Symposium (Room 2.6) Evening at leisure for other delegates	19:00 OSSA Banquet (Ballroom)	



OSSA is proud to co-host the World Ophthalmology Congress in Cape Town in 2020.

Visit the OSSA stand at OSSA2019 and get a discounted registration fee for WOC2020.

To learn more about WOC2020, visit woc2020.icoph.org. All eyes on Africa.



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Invitation from the Chair

Dear Friends and Colleagues

It is my pleasure to invite you to the 49th Congress of the Ophthalmological Society of South Africa to be held from Wednesday 20 to Sunday 24 March 2019 in Cape Town. This meeting will be held in the spacious and centrally located world class Cape Town International Convention Centre (CTICC).

The CTICC is (from an organiser's point of view!) disturbingly close to wonderful tourist attractions such as Table Mountain with its beautiful hiking paths and cable cars, and the Cape Town Waterfront, renowned for seafood restaurants and shops selling fascinating African wares.

What makes this OSSA Congress special is that it will take place one year before the 2020 World Ophthalmology Congress which will be held in the same venue. It promises to attract more of the international academia and trade than usual, as it presents an ideal opportunity for participants to scout the venue, accommodation, and the Mother City.

The organisers are busy assembling a faculty of respected speakers, both internationally and locally and we plan to present an opportunity to be informed of the latest advances in Ophthalmology, as well as to catch up with colleagues and friends from across the globe.

Have your receptionists diarise the date. Hope to see you there!

Chris Gouws
Congress Chair

Venue

The 2019 Congress will take place at the Cape Town International Convention Centre (CTICC).

With its breath-taking scenery, immense cultural and natural heritage, and world-class congress and hotel facilities, Cape Town is one of the world's most sought-after travel destinations. Known as the Mother City, this busy cosmopolitan hub, located in the Western Cape, is becoming increasingly celebrated on the conference and convention scene, both locally and internationally.

The Cape Town International Convention Centre is located in the heart of the city. The convention centre has it all: it is accessible and highly-accommodating, and provides flexible facilities that will meet the needs of delegates, sponsors and exhibitors.

www.cticc.co.za

Important dates

Deadline for abstracts:	1 September 2018
Acceptance of abstracts:	1 October 2018
Programme on Congress Website:	1 November 2018
Deadline for early bird registrations:	16 November 2018

✉ Please reserve your **hotel room** before **15 January 2019**.

You will receive the **Final Invitation, Registration Form** and **information on social functions** in August 2018. The Final Invitation and on-line registration facility will be available on the website during August 2018.

Website

www.ossa2019.co.za

Enquiries

Organisational & administrative aspects Exhibitions & Sponsorships:

R K Communication

Rhyno Kriek, Clayton Meise & Amelia Koch (Congress Organisers)

Tel.: 051 436 7733 / 083 265 0 265

Fax: 086 60 60 555

E-mail: ossacongress@telkomsa.net

Postal address: PO Box 28694, Danhof, Bloemfontein, 9310, South Africa



Managers & Administrators Programme

Dr Oene Los

Tel: 051 502 1907

E-mail: oene.los@bloemeye.co.za

Other Members:

Dr Farouk Adamjee

Tel: 051 444 3611

E-mail: adamjeemf@yahoo.com

Dr Karen Conradie (Banquet)

Tel: 051 522 1790

E-mail: karen@drconradie.co.za

Dr Japie Vos

(Finances, exhibitions & sponsorships)

Tel: 051 522 6758

E-mail: japie@vosmail.co.za

Dr Jaco Maartens

(Pre-congress visit)

Tel: 053 832 4912

E-mail: jacomaartens@icloud.com

Invited international speakers

	Institution, City & Country	Fields of expertise
Prof George (Jack) Cioffi	Columbia University Medical Center, New York	Glaucoma & cataract surgery
Prof Stephen Kaye	University of Liverpool, England	Corneal disorders, infections & refractive disorders, general ophthalmology
Prof Frank Koch	Goethe-Universität Frankfurt am Main, Germany	Vitreous, retina & cataract
Mr John Salmon	Oxford, England	Glaucoma
Prof Ken Nischal (SASPOS speaker)	University of Pittsburgh School of Medicine, USA	Paediatric cataract, glaucoma, cornea & craniofacial anomalies

OSSA matters & membership

OSSA Secretariat

Virosha Basdeo

Tel: 012 347 0048

E-mail: ovsa@mwweb.co.za

Only enquiries relating to the contents of the academic programmes

Congress Chair

Dr Chris Gouws

Tel: 051 522 2908

E-mail: chrisgouws@shisas.com

Optometrists Programme

Dr Johan Eloff

Tel: 051 522 0237

E-mail: eloff.i2i@internext.co.za

Ophthalmologists Programme

Prof Wayne Marais

Tel: 051 405 2151

E-mail: wjmicu@gmail.com

Ophthalmic Assistants Programme

Dr Michael Carter

Tel: 051 522 0002

E-mail: mjncdad@gmail.com

Dr Linda Visser

Tel: 031 260 4480

E-mail: visser@ukzn.ac.za

Ophthalmic Nurses Programme

Dr Retha Swart

Tel: 051 522 0002

E-mail: rethaswart@gmail.com

Dr Petrus Gous

Tel: 012 343 8035

E-mail: pgous@global.co.za

Registration

Registration procedure

- In order to assist the organisers, delegates are requested to register online **BEFORE 16 November 2018**. You are still welcome to register after this date.
- It is **YOUR** responsibility to ensure that the organisers have received your registration form. Please ensure that you receive a confirmation by e-mail from the organisers within 10 working days.
- Registrations for the Congress can only be confirmed by e-mail once full payment has been received.
- **ALL** speakers are required to register.
- **PLEASE TAKE NOTE: To encourage delegates to register online, we will be giving R200 discount if registered online.** The : "SPECIFIC DAYS" registrations will receive a **R100** discount per day registered.

Important request to companies sponsoring delegates:

Please let us have the delegate's **personal** e-mail address and other contact information.

Preferred option		Option 2	
Step 1	Register ONLINE at www.ossa2019.co.za	Step 1	COMPLETE registration form. Please print in BLOCK LETTERS
Step 2	E-MAIL / FAX proof of payment (if applicable) to ossacongress@telkomsa.net / 086 60 60 555	Step 2	E-MAIL / FAX both pages of your registration form, as well as proof of payment (if applicable) to ossacongress@telkomsa.net / 086 60 60 555 Please ensure that you send us both sides of your registration form.
Step 3	Ensure that you receive a confirmation via e-mail from the organisers within 10 working days.	Step 3	Ensure that you receive a confirmation via e-mail from the organisers within 10 working days.

- It is **YOUR** responsibility to ensure that we have received your registration.
- Please take note that we **DO NOT** accept Government orders.



Payment

Preferred method of payment:	Alternative method of payment:
Direct bank deposit / EFT (Please do not mail any cheques to us) Standard Bank (Menlyn) Branch code: 012345 Account number: 012 1500 53 Swift code: SBZAZAJJ (for international transfers) Account name: OSSA Congress Reference: Your name and surname as it appears on the registration form. Please e-mail / fax proof of payment to ossacongress@telkomsa.net / 086 60 60 555	If you encounter difficulty or cannot make an EFT or direct bank deposit, please download the CREDIT CARD AUTHORISATION FORM on the congress website or contact the congress organisers at ossacongress@telkomsa.net <p style="text-align: center;">PLEASE NOTE: We do not accept Diners or American Express Cards.</p>
This account number is the same as the 2018 Congress account number	

Cancellation policy

Notice of cancellation must be received in writing. A 20% administration fee will be deducted before **13 January 2019** and a 40% fee thereafter. **No refunds after 28 February 2019.**

Fee entitlements

(Two-day programmes for optometrists, assistants, nurses, practice managers & administrators included & One-day programme for general practitioners)

- Congress sessions for specific days as indicated in the programme for each group
- Workshops
- Meet & Greet
- Trade exhibition, lunches & refreshments during breaks
- **OSSA Banquet:** R 450 for all registered delegates and additional guests (Trade delegates included) **Limited seating available.**

Registration fees

PLEASE TAKE NOTE: To encourage delegates to register online, we will be giving **R200** discount if registered online. The **"SPECIFIC DAYS"** registrations will receive a **R100** discount per day registered.

15% VAT Included	EARLY BIRD Register AND pay UNTIL 16 Nov 2018		STANDARD FEE Register AND pay FROM 17 Nov 2018		LATE FEE Register AND pay FROM 3 March 2019	
	Entire duration	Specific days	Entire duration	Specific days	Entire duration	Specific days

*MEMBERS:

Ophthalmologist in private practice or part-time private practice	R 6 500	R 2 700 / d	R 7 400	R 3 250 / d	R 8 400	R 3 700 / d
Ophthalmologist in full-time government employment with no private practice	R 4 800	R 1 250 / d	R 5 600	R 2 600 / d	R 6 500	R 2 800 / d
Associate member: Optometrist / Doctor from any other discipline	R 5 400	R 2 250 / d	R 5 950	R 2 600 / d	R 6 500	R 2 800 / d
Registrar	R 2 550	R 1 200 / d	R 3 250	R 1 450 / d	R 3 700	R 1 700 / d
Honorary life member	R 0	R 0	R 0	R 0	R 0	R 0

NON-MEMBERS

Ophthalmologist from Africa (Excluding South Africa)	R 4 900	R 2 100 / d	R 5 700	R 2 500 / d	R 6 500	R 2 800 / d
Ophthalmologist in private practice or part-time private practice	R 11 000	R 4 600 / d	R 11 550	R 5 100 / d	R 12 000	R 5 600 / d
Ophthalmologist in full-time government employment with no private practice	R 8 650	R 3 500 / d	R 9 550	R 4 250 / d	R 11 350	R 4 800 / d
Ophthalmologist from abroad	R 6 700	R 2 700 / d	R 7 850	R 3 350 / d	R 9 150	R 4 150 / d
Optometrist / Doctor from any other discipline	R 5 250	R 2 450 / d	R 6 500	R 2 800 / d	R 6 850	R 3 250 / d

15% VAT Included	EARLY BIRD Register AND pay UNTIL 16 Nov 2018		STANDARD FEE Register AND pay FROM 17 Nov 2018		LATE FEE Register AND pay FROM 3 March 2019	
	Entire duration	Specific days	Entire duration	Specific days	Entire duration	Specific days
Medical officer in Ophthalmology / Registrar / Practice Manager & Administrator / Ophthalmic Assistant / Ophthalmic Nurse / Optometrist in full-time government employment / Orthoptist / Ocularist / Community Field Worker / Optometric student	R 3 250	R 1 450 / d	R 3 700	R 1 700 / d	R 4 150	R 1 900 / d
**TRADE DELEGATES	R 4 700	R 2 100 / d	R 5 250	R 2 350 / d	R 5 750	R 2 700 / d

** Please note that ONLY Trade delegates / representatives in the service of companies participating in the Trade Exhibition OR involved as sponsors will be allowed to attend the congress.

SOCIAL FUNCTIONS: The Meet & Greet is free of charge for delegates registered for the ENTIRE Academic Congress - two-day programmes included.

OSSA Banquet excluded: R 450 for all registered delegates and additional guests (Trade delegates included.) Limited seating available.

Meet & Greet (21 March)	Free of charge for all delegates registered for entire congress R 350 / person for additional guests
Young Ophthalmologists Symposium (22 March)	Free of charge. For registrars & Ophthalmologists in their first five years post graduation.
OSSA Banquet (23 March)	R 450 / person (All delegates and guests) Limited seating

You are personally responsible for full payment of these fees in the event that your institution or company does not pay them.

Membership

***OSSA Member:** Delegate who is a member of OSSA and whose 2019 fees are paid up.

***Non-Member:** Delegate who is not a registered member of OSSA or a member whose 2019 fees are not paid up.

If you register as a member and your fees are not paid up for the year 2019, the registrations manager will correct your registration amount and charge you accordingly.

Should you wish to become a Member of OSSA, please contact the OSSA secretary to request a membership form via the website www.ossa.co.za



Social functions

Thursday, 21 March, 18:00

Meet & Greet

Venue: Exhibition Hall, CTICC

Dress: Casual

Cost: Free of charge for all registered delegates. R 350 for additional guests

Friday, 22 March, 18:30

Young Ophthalmologists Symposium

(For Registrars & Ophthalmologists in their first five years post graduation)

Venue: Room 2.6

Dress: Casual

Cost: Free of charge

Saturday, 23 March, 19:00 for 19:30

OSSA Banquet (Limited seating)

Venue: Ballroom, CTICC

Dress: Black Tie / Day suit / Traditional

Cost: R 450 for all delegates and additional guests

Pre-congress workshops

Wednesday, 20 March 2019

13:00 – 17:00 Genop Healthcare: 8th Heidelberg Users' Workshop

Thursday, 21 March 2019

08:00 – 10:00 Genop Healthcare: Pentacam and Refractive Workshop

Scientific Programme

The entire scientific programme, as well as details regarding the workshops will be on the congress website by 4 November 2019.

Accommodation arrangements

We urge you to book NOW!

We have secured group accommodation at the following four hotels:

The Westin Cape Town, Southern Sun The Cullinan, Southern Sun Waterfront Cape Town & Stay Easy Cape Town City Bowl.

These rooms will be reserved for congress delegates until **15 January 2019** and will be available on a first-come, first serve-basis.

- Rates **include** breakfast & 15% VAT, but exclude incidental expenses & 1% tourism levy.
- Rates are subject to change without prior notice.
- **Check-in time:** 15:00 (An early check-in, if required, may be requested and will be prioritised. This is, however, not guaranteed.)
- **Check-out time:** 10:00
- The accommodation establishment's cancellation policy will apply.

Delegates need to follow the links on the congress website under the accommodation tab in order to book their rooms.

Travel arrangements / shuttle service

- **YOU ARE RESPONSIBLE FOR YOUR OWN TRAVEL ARRANGEMENTS.**
- Please note that there will be no shuttle service between any of the above-mentioned hotels and the CTICC.
- There will not be a shuttle service provided from the Cape Town International Airport to the CTICC. We would like to recommend that you make use of **Uber** or of one of the other shuttle services.
- Shuttle from CTICC to Cape Town International Airport:
There will only be one shuttle provided after the congress adjourns at 11:30, on Sunday, 24 March, back to the Cape Town International Airport at R 200 per person.
Duration of the trip: Approximately 30 minutes
If this does not match your flight's departure time, we recommend making use of Uber or other taxi services as mentioned below.
 - **Uber:**
Fee for a group of four people: More or less R 220 for the group
Fee for a group of six people: More or less R 260 for the group
 - **La Grange Taxi's:**
Cell: 082 377 5293 / 072 159 7275
 - **Sport Shuttle:**
Tel: 021 934 3477



General information

Annual General Meetings

Friday, 22 March 2019

OSSA AGM 16:30

OMG AGM 17:30

Continuing Professional Development (CPD) points

The Congress will be accredited by the Health Professions Council of South Africa and registered for CPD points.

Language

The official language of the Congress will be English. No simultaneous translation into any other language will be provided.

Currency

ZAR South African Rand.

Climate

Average temperatures: 16 – 29° C. Light jacket essential for the evenings.

Electricity

The electricity supply in South Africa is 220 / 230 volts, AC 50 Hz.

Insurance

The Congress Organisers cannot accept any liability for personal injuries sustained, or for loss of, or damage to, property belonging to Congress participants (or their accompanying persons), either during or as a result of the Congress. Please check the validity of your own insurance.

Visas

It is strongly suggested that all travellers check the latest visa requirements with the nearest South African Embassy or Consulate before travelling,
OR visit http://www.sa-venues.com/tourist_and_visitor_information_.htm#Visa

The passports of all travellers entering South Africa must contain at least two clean (unstamped) visa pages each time entry is sought.

Travellers entering South Africa from countries where yellow fever is endemic are often required to present their yellow World Health Organisation (WHO) vaccination record or other proof of inoculation. If they are unable to do so, they must be inoculated at the airport in order to be permitted entry.

Special dietary requirements

Halaal & vegetarian: Please indicate your requirements on the registration form. (**Kosher meals & other dietary preferences:** Please contact the organisers in this regard.)

Time zone

South Africa is GMT + 2 hours.